

## Athletics

### **Greetings Student Athlete:**

Below are Chicago Public Schools and Sarah E. Goode's Athletic policies that all athletes, coaches and parents must adhere to. Please familiarize yourself with each policy. As a school community, we wish you much success in your athletic endeavors. Go Knights!!

### **Goal of Sarah E. Goode's (SEG) Athletic Department**

The goal of the SEG Athletic Department is to ensure student athletes use the Goode Life Habits to develop physically, mentally, socially and emotionally in a controlled, safe environment outside of the traditional classroom in order to enhance academic and scholarship opportunities while developing life skills to assist students in all areas of their future goals.

### **Sportsmanship Policy**

All athletes must maintain a positive sportsmanlike behavior before, during and after each game including practice times. Unsportsmanlike behavior is described as profane and/or derogatory comments made to any player, threats, any act of violence both verbally and or physically toward another person, intimidation and or ridicule toward players, refs, coaches and guests. Coaches and players who violate this policy shall be suspended for a specified time or cut from the entire program. Additionally, any visitor displaying unsportsmanlike behavior toward players, coaches, refs, staff members or any visitor will be asked to leave the event.

Parents/visitors are prohibited from approaching a team's bench/dugout (in the gym or athletic field) in order to give their child coaching instructions or speak to the coach or officials. Parents/visitors who violate this policy will be advised not to do so. If the violation persists, the parent/adult will be asked to leave the game and his/her admission fee will not be refundable. (See Parent Policy -Visitor/Fan section).

Respecting opponents, teammates, officials and coaches is an essential part of good sportsmanship.

### **Participation in Multiple Sports**

Athletes are encouraged to participate in multiple sports throughout the various athletic seasons (i.e. students desiring to play sports during different seasons; fall or spring). However, students are advised not to play two sports in the same season.

### **Punctuality**

Any athlete, who has more than two tardies to school within a week will be unable to participate in any contest/game the following week when they become ineligible. Athletes who continue to come to school tardy will be placed on an attendance contract and may be in jeopardy of a team suspension.



## Athletics

### Eligibility Requirements

At Sarah E. Goode, student athletes are held to a standard of excellence in the areas of academics, attendance/punctuality to school/classes and behavior. As a department, these expectations have been set to assist in developing our innovators to be both successful academically and socially. All Sarah E. Goode Athletes are required to maintain a 95% attendance record, a passing grade in all classes (C or better), and adherence to Goode's School Wide Expectation Plan (which includes the demerit system) and the Student Code of Conduct. Failure to comply in these three areas will cause an athlete to be placed on probation, suspended for a game(s) or cut for the remainder of the season. Additionally, ***all athletes are year-round athletes*** (i.e. all athletes must maintain the eligibility requirements throughout the school year specifically attendance/punctuality and behavior). Failure to comply can or will result in an athlete forfeiting his/her status as an athlete and forfeiting his/her ability to try out for additional sports.

### Academics/ineligible status

All athletes will have attendance, grades and behavior reviewed weekly by the Attendance Office, Athletic Director and Dean to determine eligibility for the week. Student-athletes with a failing grade will be required to schedule tutoring with their teachers. The coaches have to set guidelines for tutoring attendance for students receiving a failing grade. Athletes with a failing grade will be ineligible to play for one week beginning the following Monday morning. However, an athlete may play in a contest held on the Friday and Saturday when they become ineligible for the following week. ***Refunds will not be given for Academic Ineligibility.***

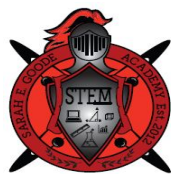
### Regain Eligibility

- Grades: Improve grade to C or better and teacher recommendation**
- Attendance: Meet attendance contract goals**
- Behavior: Dean Discretion**

### School Attendance

All athletes are expected to adhere to the attendance and punctuality policy throughout the entire school year to remain on any team. **Student-athletes must maintain a 95% attendance rate.** Athletes who do not maintain the 95% attendance rate will be placed on a contract. Failure to abide by the contract will result in an athlete forfeiting his/her status as an athlete. Students who cut class will be ineligible to participate in practice or games the same day. **Athletes who do not attend school will be unable to attend practice and or game on the same day as their absence (this includes tryouts as well.) Refunds will not be given for Attendance Ineligibility.**

**Attendance to Practice and Games** Please see your coaches' policy surrounding athletes' attendance and punctuality to practice and games.



## Athletics

### Behavior

Any athlete who exhibits behavior outside of the School Wide Expectation Plan (SWEP) will be unable to participate in any contest/game the week of the incident.

Depending on the severity of the offense, students can be suspended for more than one game or the remainder of the season. Behaviors outside of the SWEP can be but not limited to: two or more occurrences of overt defiance to any adult, non-compliance to the school's electronic policy, fighting on or off campus, threatening and or using abusive language to any adult, inappropriate sexual misconduct, theft, vandalism and or suspension from school. Legally, students who are suspended from school are unable to participate in any CPS sponsored event. Students who violate this policy will be suspended from their team indefinitely.

### Detention

Athletes are required to attend all assigned detentions. Non-compliance with attendance, behavior, and/or the demerit policy will result in being ineligible even after serving the detention. An athlete's detention will not be rescheduled in order to participate in practice or a game. Athletes are able to attend practice after they have served their detention (coaches will use their discretion). If an athlete misses an after-school detention to participate in practice, he/she will forfeit their next game. If an athlete misses a Saturday detention to attend a game, he/she will be suspended from the next two games.

### Athletic Fees/Debt

All athletes are required to pay a yearly athletic fee per sport, athletic fees are determined based on rental of uniforms, ancillary equipment, tournament and transportation cost. Athletic fees are non-refundable and non-transferable – from one sport to another. Athletes who have an athletic fee balance from a previous sport/season will be unable to join another team and or continue with their current team until their debt has been paid in full. Please see the main office for payment arrangements, if needed.

### Try Outs/Conditioning

All Athletes must turn in the following to the Coach in order to be eligible: Current IHSA physical, Permission Slip, Fee Agreement, Concussion Form, Performance Enhancement Testing, CPS Record Player Packet and signed Athletic Policy.

### Buses

Athletes must be respectful on the bus as well as remain seated and at Level 1 noise at all times. Remember the bus drivers' job is to make sure the team gets to their destination safely.

### Practice

Sarah E. Goode has a **"closed practice" policy**. **Only student athletes** are permitted in any practice area. Student-siblings, parents and visitors are not permitted to sit in practice areas (i.e., gymnasium, yoga room,



## Athletics

and or athletic field). **ALL athletes are expected to help clean up practice area (nets, balls, benches, etc) after each practice.**

### Re-entry

Sarah E. Goode has a “No Re-entry” policy for all students after dismissal. Athletes are encouraged to bring all their equipment and any snacks on practice and game days. Athletes will not be permitted to re-enter the building if they leave during the 1<sup>st</sup> dismissal.

### Games

All athletes are required to pay an admission fee (when required) for all sports other than the sport he/she currently participates in. The Spirit team (Cheerleaders and Pom have free admission to all football and basketball games if they are eligible to attend \*\* and perform \*\*). **Note: Athletes will be dismissed by their coach after each game. Parents are able to wait in the gymnasium bleachers or on the field bleachers until coaches have released players. ALL athletes are expected to help clean up game area (nets, balls, benches, etc) after each game.**

### Suspension from a game

When an athlete is suspended from a game, he/she is unable to dress or sit on the bench during a home game. Additionally, the athlete is unable to attend/travel to an away game. The coach will determine if an athlete can practice. Coaches are expected to uphold this policy and must inform parents of their child’s playing status. **All athletic fees are non-refundable. No exceptions.**

### Suspension for the remainder of the season

When an athlete is suspended for the remainder of a season, he/she is unable to practice, dress, or sit on the bench during home games and is unable to attend away games. The athlete must submit their jersey and all equipment to their coach. Coaches are expected to uphold this policy and must inform parents of their child’s playing status. **All athletic fees are non-refundable. No exceptions.**

### Cut from a team

When an athlete is cut from the team, he/she must submit their jersey and all equipment to their coach. The athlete will not be allowed to attend any practices, sit on the bench during home games and is unable to travel with the team to any away games. Additionally, the athlete must tryout again for the same sport during the next season and is unable to participate in any sport during the season he/she was cut. Coaches are expected to uphold this policy and must inform parents of their child’s sport status. Athletes who have been cut from a team shall not be recognized as team members during award ceremonies or any other function that recognizes athletes. **All athletic fees are non-refundable. No exceptions.**



## Athletics

### Parent Athlete Policy (Visitors, Fans)

#### **Communication You Should Expect From Coach at Parent Meeting:**

- Team guidelines (rules) regarding: practice, attendance, physical appearance, and cut policy
- Practice Schedule ; Game Schedule
- Team requirements, i.e., fees, etc, REMIND

#### **Communication Coaches Expect from Parents & Student :**

- Notification of any schedule conflicts for games well in advance
- Student to notify Coach the reason for missing practice

#### **Practice**

- Sarah E. Goode has a **“closed practice” policy**. Only student athletes are permitted in any practice area. Student-siblings, parents and visitors are not permitted to sit in practice areas (i.e., gymnasium, yoga room, and or athletic field).

#### **Games**

- Parents (including Visitors, Fans) should not approach coaches, players or officials before, during or after a game. All spectators should remain on the bleachers or outside of the field/court.

#### **Appropriate Concerns to Discuss with Coaches (please schedule a meeting):**

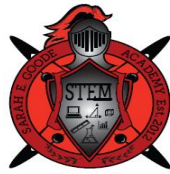
- The treatment of your athlete, mentally and physically
- Ways to help your athlete improve
- Concerns about your athlete’s behavior

We rely on support from Parents as they are a vital part to the success of our school, therefore Sportsmanship from all parties is important. Our Coaches are Professionals and they make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can and should be discussed with your athlete’s coach while other topics are left solely to the discretion of the coach.

With this in mind, please respect that every coach and student-athlete works hard to ensure that their team reaches its highest potential. Our coaches will not discuss their coaching strategy, playing time decisions or other members of the team with parents at any time.

#### **Issues Not Appropriate to Discuss with Coaches:**

- Playing time
- Team strategy
- Play calling
- Other student-athletes



## Athletics

### POST-GAME

For coaches, one of the post-game responsibilities is to meet with his/her players. Athletes should not be expected to stop and talk to parents and friends immediately after a game is over. These team meetings are essential to the learning process and are important in efforts to build team unity and understanding.

### Procedures if Athlete / Parent has a Concern to Discuss with the Coach:

We believe in empowering our students to advocate for themselves.

1. Athlete speaks to Coach
2. Athlete speaks to AD
3. Parent speaks to Coach
4. Parent speaks to AD
  - Call to make an appointment with the coach. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.
  - If the meeting with the coach did not provide a satisfactory resolution contact the athletic director to make an appointment.

### The Rules:

Let the players play,  
Let the coaches coach  
Let the officials officiate,  
Let the fans cheer.  
Let everyone have fun.

Any Questions?



## Athletics

If you have any questions regarding the above policy and or procedures, please contact Ms. Jaimes at (773)535-7875 or via email at [cjaimes9@cps.edu](mailto:cjaimes9@cps.edu).

I understand that the Athletic Policy was reviewed with me during the Team Meeting (copy posted on website and print copy available upon request )

Best Regards,

Mr. Rufino Bustos, Assistant Principal

Ms. Cecy Jaimes, Athletic Director

I, (Print Student Name) \_\_\_\_\_ acknowledge I read and agree to comply with the Athletic Policy 2018/19.

I, (Print Parent Name) \_\_\_\_\_ acknowledge I read and agree to help my Student comply with the Athletic Policy 2018/19.

\_\_\_\_\_  
Athlete Signature

\_\_\_\_\_  
Date

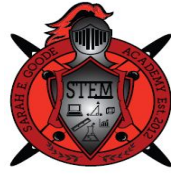
\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

### The Rules:

Let the players play,  
Let the coaches coach  
Let the officials officiate,  
Let the fans cheer.  
Let everyone have fun.

Any Questions?



## Athletics